

Actif Epica 120

	Turn	Notes	Km	Miles
		Start		
→	Right	Turn right onto Grotte Ave	0.7	0.4347
↑	Straight	Cross Hwy 59 onto De La Grotte Ave	0.9	0.5589
↑	Straight	Across beach onto lake	1.9	1.1799
←	Left	Up boat ramp	3.7	2.2977
↑	Straight	Straight on Lakeshore Dr	3.9	2.4219
←	Left	No sign trail/dirt	7	4.347
←	Left	No sign gravel rd	9.9	6.1479
→	Right	Trail across field	11.9	7.3899
→	Right	No sign gravel rd	13.4	8.3214
←	Left	Trail (bridge)	15.2	9.4392
→	Right	PR 205	21.7	13.4757
←	Left	LaForurche Rd	22.8	14.1588
→	Right	Turenne Street	27.5	17.0775
←	Left	Hebert Avenue	27.6	17.1396
↑	Straight	Joubert Rue (cross hwy 59)	27.8	17.2638
	Checkpoint 3	Suger Shack	28	17.388
←	Left	River Oak Dr	32.8	20.3688
→	Right	Martin-Jerome	34.2	21.2382
→	Right	Ducharme Rue	36.5	22.6665
←	Left	De l'glise Ave	36.7	22.7907
→	Right	Main Street	37	22.977
←	Left	Poirier Rd	37.7	23.4117
←	Left	Onto trail (folow trail)	42	26.082
→	Right	Across yard (parked bus)	43.3	26.8893
	Checkpoint 4	Crystal Spring	43.4	26.9514

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→	Right	Drive out of yard		0
←	Left	No sign gravel rd	44.5	27.6345
→	Right	Crystal Spring Rd	45.1	28.0071
↑	Straight	Across hwy 305 onto dirt rd	48.4	30.0564
←	Left	Trail (blue trail arrow)	50.2	31.1742
→	Right	Hwy 200	53.6	33.2856
→	Right	Crown Valley Rd	54	33.534
←	Left	Trail through park	60.5	37.5705
←	Left	No sign (4th St S)	61.7	38.3157
→	Right	2nd Avenue South	61.8	38.3778
←	Left	2nd Street South	62.3	38.6883
→	Right	Haritage Trail	62.5	38.8125
←	Left	Hwy 311	62.8	38.9988
→	Right	Arena Rd	62.9	39.0609
	Checkpoint 5	Niverville Arena	63.1	39.1851
→	Right	Hwy 311	63.3	39.3093
→	Right	Krahn Road	64	39.744
←	Left	Gauthier Road	69	42.849
→	Right	Hwy 200	72	44.712
←	Left	Carriere Dr	73.4	45.5814
↑	Straight	Trail over new dike	73.9	45.8919
←	Left	top of dike (old dike)	74.16	46.05336
	Checkpoint 6	Rear of pharmacy	75.2	46.6992
→	Right	Top of dike		
←	Left	Trail (folow trail under bridge, onto dike)	75.5	46.8855
←	Left	Hwy 200	76.1	47.2581
→	Right	Twin Creek	78.3	48.6243

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←	Left	Sood Road	80.9	50.2389
→	Right	Leclaire Road	82.1	50.9841
←	Left	Schapansky Road	83.89	52.09569
←	Left	No sign (dirt)	86.5	53.7165
←	Left	Crow Wing Trail (folow trail along Floodway)	91.49	56.81529
→	Right	Under bridge cross Floodway	92.4	57.3804
←	Left	Courchaine Road	93.1	57.8151
→	Right	Turnbul Dr	94.81	58.87701
→	Right	Path along Hwy 75	95.4	59.2434
→	Right	Cloutier Trail (no sign)	97.9	60.7959
	Slight right	Off trail onto Kilkenny Drive	99.7	61.9137
←	Left	Kings Drive	101.9	63.2799
↑	Straight	Across street to path on right	103.9	64.5219
←	Left	Dafoe Road (becomes Innovation Drive)	103	63.963
→	Right	Research Rd	104	64.584
	Checkpoint 7	Event Center (on left)	146.5	
→	Right	Path along Chancellor Matheson Rd	104.3	64.7703
↑	Straight	Across University Cr. up ramp/stairs	105.1	65.2671
	Left	Sidney Smith Street (gate)	147.6	
↑	Straight	Continue cross parking lot to trail	105.9	65.7639
↑	Straight	Folow trail		
→	Right	Off trail onto D'Arcy Drive	106.3	66.0123
→	Right	Bishop Grandin Greenway	106.9	66.3849
→	Right	Under Bishop Grandin Greenway bridge	107.2	66.5712
←	Left	River Road	107.9	67.0059
→	Right	Saint Vital Road	109.6	68.0616
←	Left	Path along Dunkirk Drive	110.6	68.6826

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↑	Straight	Saint Vital Bridge	111.9	69.4899
→	Right	Path to Montgomery Ave	112.8	70.0488
→	Right	Montgomery Ave	112.9	70.1109
←	Left	Trail across Churchill Dr	113	70.173
→	Right	Onto Churchill Dr	114.5	71.1045
→	Right	Ramp to river trail	115.8	71.9118
←	Left	River trail		
←	Left	Assiniboine River	117.9	73.2159
→	Right	Off river up ramp		
	End	Finish	119.88	74.44548
